ABOVE AND BEYOND COMMUNITY CLASSES PRESENTS:

COMMUNICATIONS & CONNECTIONS WITH HELENE SCHORR, M.S.

MONDAY'S 3-3:50PM: 1/4, 1/11, 1/18, 1/25, 2/1, 2/8, 2/15

7 SESSIONS: 300.00

IN THIS WEEKLY, INTERACTIVE ZOOM CLASS, WE WILL BE FOCUSING ON PERSONAL EXPRESSION AND COMMUNICATION TECHNIQUES. THROUGH PRESENTATIONS, WRITING EXERCISES AND A VARIETY OF ACTIVITIES, WE WILL LEARN HOW TO SHARE THINGS ABOUT OURSELVES (TO OTHERS) BY DESCRIBING THE THINGS WE LOVE AND THE THINGS THAT MATTER TO US. ADDITIONALLY, CLASS WILL WORK TOGETHER TO PRODUCE A COMMUNITY NEWSLETTER.

TO REGISTER EMAIL: CHAWKINS@BUEXPERIENCE.ORG

OPEN TO THE PUBLIC AND ALL ABILITIES.
SEE HELENE'S BIO @ HTTPS://WWW.ABCOMMUNITYCLASSES.ORG/